



**Watson & Watson Health and
Safety Consultants Ltd**

[NEWSLETTER - September 2024](#)



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Health and Safety News:

BUILDING CONTROL AUTHORITY - UPDATE ON APPLICATION APPROVALS

HSE, as the Building Safety Regulator (BSR), has acknowledged the challenges and issues that recent delays to building control application approvals are causing industry.

In a statement published via the Construction Leadership Council, BSR said it is contacting all applicants who have been directly affected and gave reassurance that the necessary contingency is in place for the service to stabilise and improve over the coming months and for the future.

Applicants are urged to play their part to help facilitate the process by ensuring applications provide quality, detailed information that clearly and comprehensively demonstrates compliance with building regulations.

[Read the full statement](#)

Source: HSE Construction eBulletin 19th August 2024



**Health & Safety
Executive**

REGULATING THE BUILDING CONTROL PROFESSION

Building control professionals who carry out any building control work in England or Wales must be registered with BSR.

A temporary extension which allowed registered building inspectors in England to complete their competency assessment ended on 6 July.

Data from the register indicates a growing number of inspectors are joining the registered profession, reflecting the industry's commitment to upholding high standards.

[Read more in our press release](#)

Source: HSE Construction eBulletin 19th August 2024



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DEMOLITION & STRUCTURAL STABILITY - GUIDANCE

Incidents of building collapses or because work activity has rendered a structure unstable during demolition works have resulted in emergency road closures.

Interventions by authorities have then been required to deal with dangerous

structures.

Construction clients, contractors and other stakeholders must thoroughly plan, manage, and monitor all demolition work.

HSE's website has guidance on:

- [Demolition](#)
- [Structural stability during alteration, demolition or dismantling](#)

Source: HSE Construction eBulletin 19th August 2024



**Health & Safety
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CONIAN - SPOTLIGHT ON HEALTH

The Construction Industry Advisory Committee (CONIAC) working groups presented to its network of construction industry stakeholders, known as CONIAN (Construction Industry Advisory Network), earlier this year.

With a specific focus on health, delegates heard from the co-chairs of the 4

[CONIAC Working Groups](#). Presentations delivered by the each of the working group co-chairs are now available:

- [Supporting small employers](#)
- [Managing risk well](#)
- [Tackling ill health](#)
- [Keeping pace with change](#)

Working Well Together

The CONIAC website also includes the regional groups that make up the [Working Well Together initiative \(WWT\)](#) and its health and safety events.

These include:

- [Excavations & plant safety and health awareness day](#)
17 September (am), Doncaster
- [Improving welfare facilities and employee welfare event](#)
25 September (am), Leominster

Source: HSE Construction eBulletin 19th August 2024



**Health & Safety
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HSE - NOTIFYING EXPORTS OF PIC CHEMICALS FOR 2025

HSE, the GB PIC Designated National Authority (DNA), is inviting companies to submit notifications for exports of chemicals in the GB PIC list that are expected to take place during 2025.

The GB PIC Regulation requires the first export of a listed chemical in any calendar year, to any country, to be notified to the DNA at least 35 days before the intended date of export. Export includes the movement of a listed chemical from GB to Northern Ireland (NI).

Early notification ensures HSE has sufficient time to process notifications and seek the explicit consent of the importing country, where required, or to consider evidence for the granting of a waiver where there is no response to repeated requests for consent.

What you need to do

Export notifications -

- Complete a GB PIC export notification form. You can find information on the [notification process](#) on HSE's PIC website, as well as supporting guidance on how to complete the form
- Send completed forms to ukdna@hse.gov.uk
- **Include the following** details in the subject line of your email:
GB PIC - notification - company name - chemical/mixture - importing country name - 2025
- When submitting your export notifications, attach only one export notification form and accompanying safety data sheet (SDS) to each email
- In addition to an SDS in English, provide an SDS in the official language of the importing country, if available, or in one of its principal languages. If you do not attach an SDS, sections 4 and 5 of the form become mandatory

- Some countries have more than one DNA. To ensure HSE sends your notification to the relevant authority in the destination country, be as accurate as possible in describing the foreseen use in the importing country (section 3.3 of the export notification form). This will also help the importing DNA when making decisions on consent, where applicable
- If you are intending to export a number of mixtures containing a chemical in the GB PIC List to the same importing country, where those mixtures differ only, for example, by colour and there are no differences in their classification and labelling or intended use, we can accept a single notification covering several mixtures
- Whenever changes in the concentration of PIC chemical(s) in a mixture would trigger new labelling requirements, a new notification will be required

Special reference identification numbers (RINs)

Special RINs are required for PIC chemicals exported for the purpose of research or analysis in quantities of 10kg or less per exporter, per year and per importing country and are otherwise exempt from the requirements of the Regulation.

A Special RIN is also required where an importing country has waived its right to receive an export notification and has notified a positive import response under the Rotterdam Convention for the chemical being exported.

You can now submit [Special RIN](#) requests for 2025:

- Complete a Special RIN request form, or where you have a large number of Special RIN requests, consider the BULK Special RIN option
- Send completed forms to ukdna@hse.gov.uk
- **Include the following** details in the subject line of your email:
GB PIC – Special RIN request - company name – chemical/mixture – importing country name – 2025

For exports of PIC chemicals to the EU, each Special RIN covers exports of up to 10kg of the substance for research and analysis purposes to each EU importing country.

Source: HSE Export & Import of Hazardous Chemicals eBulletin 16th August 2024



**HSE -
SAFETY NOTICE
(for users of Motion Compensated Gangways)**

Risk of Serious Injury from Motion Compensated Gangways

Incidents involving motion compensated gangways (MCG) within the UK Continental Shelf (UKCS) or Renewable Energy Zones have resulted in serious injury.

Recent incidents have highlighted the potential for, and in some instances have resulted in, serious personal injury during the deployment and use of motion compensated gangways.

Windfarm operators, installation duty holders and vessel owners or operators, using, planning to use or operating motion compensated gangways must ensure, so far as is reasonably practicable, that the system is safe and suitable for the purpose for which it is being provided.

HSE has identified required actions that duty holders should take:

- assess risk
- ensure any gangway auto-retraction provides suitable audible and visual warnings
- deliver instruction and training
- establish an inspection and maintenance regime

[View the safety notice](#) for full details.

Source: HSE Safety Notice 8th of May 2024



HSE - RIDDOR GUIDANCE

There are no changes to legal requirements, but the updated guidance will help you understand how and when to submit a report under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR).

Main changes to the Guidance:

- More direct links to guidance on types of reportable incidents to help you decide whether a report is required
- Improved guidance on who should and should not report under RIDDOR
- Improved guidance on what is meant by a 'work-related' accident
- Information on when an occupational disease is not reportable
- Increased clarity on when an 'over-7-day' absence should be reported

Main changes to the Forms:

- Questions about severity of injuries have been frontloaded to help you quickly decide if your incident is reportable
- Pop-up messages now redirect you if the incident is not reportable
- Guidance has been improved to make the forms easier to use

[Go to the updated guidance on RIDDOR](#)

RIDDOR & COVID:

Please reference this link to see requirements for Reporting -

[RIDDOR AND COVID](#)

Source: HSE WEEKLY DIGEST eBulletin 18th April 2024



**Health & Safety
Executive**

CSCS CARDS APPLICATION - HELPFUL LINKS

**IF YOU ARE APPLYING FOR A CSCS CARD THE FOLLOWING LINKS MAY
HELP -**

What type of CSCS Card do I need?

[Types of CSCS Card](#)

What Qualifications Do I Need?

[Qualifications](#)

[CITB Health, Safety & Environment Test & Alternatives](#)

How do I Apply for a CSCS Card?

[Applying for a CSCS Card](#)

How Do I Renew or Replace My CSCS Card?

[Renew or Replace](#)

Source: [CITB](#)



HSE ENFORCEMENT NOTICES & PROSECUTION - IN THE NEWS:

LOGISTICS COMPANY FINED £1M

A logistics company has been fined £1 million after an employee fell over 10 metres and sustained serious injuries.

The 31-year-old, from Winchester, had fallen through an open hole in the driver's cab of a straddle carrier, landing on the concrete floor below.

FOR THE FULL STORY -

[Click Here or on the Picture Below](#)

Source: HSE NEWS UPDATE 22nd August 2024



TWO COMPANIES FINED AFTER DAD CRUSHED TO DEATH BY MACHINE

Two companies have been fined after a father-of-three was crushed to death by a machine.

The Health and Safety Executive (HSE) investigation found the incident was entirely avoidable and Russell Hartley would still be alive had this work been planned, managed and monitored to a sufficient standard.

FOR THE FULL STORY -

[Click Here or on the Picture Below](#)

Source: HSE NEWS UPDATE 22nd August 2024



TWO COMPANIES FINED AFTER 16-YEAR-OLD WORKER EXPOSED TO ASBESTOS

Two companies have been fined after a teenage worker was exposed to asbestos.

He had been breaking up cement sheets taken from the roof of the property and putting them into a skip on 7 June 2021. Asbestos was later found to be in the cement sheets, exposing the worker to asbestos fibres.

FOR THE FULL STORY -

[Click Here or on the Picture Below](#)

Links for further guidance and information -

[Asbestos: Actions to take depending on your job role](#)

Source: HSE Construction eBulletin 19th August 2024



OPENREACH FINED FOLLOWING DEATH OF ENGINEER

Openreach Limited has been fined £1.34 million after an engineer died whilst trying to repair a telephone line.

Alun Owen, from Bethesda, died after he slipped and fell into the River Aber in Abergwyngregyn and was swept away on 6 October 2020.

FOR THE FULL STORY -

[Click Here or on the Picture Below](#)

Source: HSE Construction eBulletin 19th August 2024



Health and Safety Focussed Topic:

HAVS - Hand Arm Vibration Syndrome

Hand-arm vibration comes from the use of hand-held power tools and is the cause of significant ill health (painful and disabling disorders of the blood vessels, nerves and joints).

Typical Equipment which Exposes Employees to Vibration -

- Concrete breakers, concrete pokers;
- Sanders, grinders, disc cutters;
- Hammer drills;
- Chipping hammers;
- Chainsaws, brush cutters, hedge trimmers,
- Powered mowers;
- Scabblers or needle guns.

Signs of of HAHS -

- Tingling and numbness in the fingers (which can cause sleep disturbance).
- Not being able to feel things with your fingers.

- Loss of strength in your hands (you may be less able to pick up or hold heavy objects).
- In the cold and wet, the tips of your fingers going white then red and being painful on recovery (vibration white finger).

If you continue to use high-vibration tools these symptoms will probably get worse, for example:

- The numbness in your hands could become permanent and you won't be able to feel things at all;
- You will have difficulty picking up small objects such as screws or nails;
- The vibration white finger could happen more frequently and affect more of your fingers

Employers Responsibilities -

The Control of Vibration at Work Regulations require you as an employer to -

- [Assess](#) the vibration risk to your employees;
- [Take action](#) to reduce vibration exposure that produces those risks
- Decide if employees are likely to be exposed above the:
 - Daily exposure action value (EAV) and if they are: introduce a programme of controls to eliminate risk, or reduce exposure to as low a level as is reasonably practicable;
 - Daily exposure limit value (ELV) and if they are: take immediate action to reduce their exposure below the limit value;
- Make sure the [legal limits on vibration exposure](#) are not exceeded;
- Provide [information and training](#) to employees on health risks and the actions you are taking to control those risks;
- Carry out [health surveillance](#) (regular health checks) where there is a risk to health;

- Consult your trade union safety representative or employee representative on your proposals to control risk and to provide health surveillance
- Keep a record of your risk assessment and control actions;
- Keep health records for employees under health surveillance;
- Review and update your risk assessment regularly.

For more information - [CLICK HERE](#)

Overview of Potential Control Measures for Consideration -

- Provide suitable low-vibration tools.
- Always use the right tool for each job (to do the job more quickly and expose you to less hand-arm vibration).
- Check tools before using them to make sure they have been properly maintained and repaired to avoid increased vibration caused by faults or general wear.
- Make sure cutting /drilling (etc) tools are kept sharp so that they remain efficient.
- Reduce the amount of time you use a tool in one go, by doing other jobs in between.
- Job rotation
- Taking regular breaks in heated rest areas
- Provide hot beverages
- Avoid gripping or forcing a tool or workpiece more than you have to.
- Store tools so that they do not have very cold handles when next used.
- Encourage good blood circulation by:
 - Keeping warm and dry (when necessary, wear gloves, a hat, waterproofs and use heating pads if available);
 - Giving up or cutting down on smoking because smoking reduces blood flow; and

- Massaging and exercising your fingers during work breaks.
- Monitor exposure times and act on the findings - use the [HSE Hand-Arm Vibration Exposure Calculator](#)

HSE Guidance -

- [Hand-arm vibration at work: A brief guide](#)
- [Hand-arm vibration - Advice for employees](#)
- [Hand-arm vibration - The Control of Vibration at Work Regulations 2005](#)

For additional assistance if you have any concerns, or require Toolbox Talks, Risk Assessments etc please feel free to contact Our Offices on - **01623 753 654.**

Source: [HSE WEBSITE](#)



WATSON & WATSON TRAINING & SERVICE:

THIS SECTION OF THE NEWSLETTER CONTAINS UPCOMING TRAINING AS PROVIDED BY US AND A SNAPSHOT OF SERVICE WHICH MAY INTEREST YOU -

For further information of our training & services please go to our website -

[Click Here](#)



IOSH MANAGING SAFELY COURSE - NOVEMBER 2024 £475 + vat

The IOSH Managing Safely is an extremely popular 3-day course which provides a good understanding of Health & Safety Management, Legislation and Risk Assessment.

The course is ideal for those with responsibilities for supervising and managing health and safety and risk assessments within the workplace.

The course is to run over three consecutive days -

6th of November 2024

13th of November 2024

21st of November 2024

The venue will be in the Mansfield area of Nottinghamshire.

A further course is to be run February 2025

If you would like to find out more about this course or other services Watson and Watson can offer please give us a call on 01623 753 654.

Or to Book Online visit -

<https://www.watsonandwatsonsafety.co.uk/health-and-safety-training/iosh/iosh-managing-safely/>



IOSH MANAGING SAFELY REFRESHER COURSE - 25th of March 2025

IOSH Managing Safely Refresher is an engaging one-day course that revisits the key elements of IOSH Managing Safely for those who have completed the full 3-day course in the last 3 to 5 years* and gained a good understanding of Health and Safety Legislation and Risk Assessment as well as specific skills and expertise in managing health and safety within your workplace.

**IOSH require you to provide a copy of your original certificate number to register on the Refresher course*

Why Complete the IOSH Managing Safely Refresher Course?

- Greater skill, knowledge and expertise in managing health and safety within your team
- Revisit and improve your understanding of health and safety
- Internationally recognised certification for both managers and supervisors
- Improve company-wide health and safety awareness culture and appreciation for safety measures
- Increased workplace productivity due to fewer hours lost to accidents and sickness

The course is to run on the -

25th of March 2025 at a cost of £175 + vat per delegate

The venue is yet to be confirmed but it will be in the Mansfield area of Nottinghamshire.

If you would like to find out more about this course or other services Watson and Watson can offer please give us a call on 01623 753 654.

Or to Book Online visit -

<https://www.watsonandwatsonsafety.co.uk/health-and-safety-training/iosh/iosh-managing-safely-refresher/>



WATSON & WATSON HEALTH & SAFETY CONSULTANTS LTD

- FIRST AID TRAINING

We are pleased to announce that we are now running First Aid Training -

First Aid At Work (3-day course) - 7th of October 2024

and

Emergency First Aid At Work (1-day course) - 31st of October 2024

The venue is yet to be confirmed but it will be in the Mansfield area of Nottinghamshire.

If you would like to find out more about these course or other services Watson and Watson can offer please give us a call on 01623 753 654.

Or to Book Online visit -

[First Aid At Work \(3-day course\)](#)

[Emergency First Aid At Work \(1-day course\)](#)



SSIP ACCREDITATION ASSISTANCE SERVICE - (CHAS, SMAS, SafeContractor etc)

ARE YOU LOOKING TO GET A SSIP ACCREDITATION?

We can help, as we assist 100's of our Clients each year to become accredited. This covering the following SSIP's members -

- **CHAS**
- **SMAS**
- **SMAS**
- **SafeContractor**
- **CQMS**
- **ACCLAIM**

Main Highlights of Our Service -

- **Fixed Fee Service** - We pride ourselves on providing comprehensive, no nonsense services at an agreed fixed fee sensible price. **This with no hidden charges unlike some of our competitors.**
- **Has a Money Back Guarantee** - In the unlikely event you do not achieve your SSIP accreditation and you have fully complied with our guidance and advice we will give a full refund of the fees you have paid to us.
- **Nationwide Coverage** - We work with clients across the length and breadth of the UK and in a diverse spectrum of industry sectors.
- **Accreditation Specialists** - Our dedicated Consultants are fully insured professionally qualified Health and Safety Specialists and are

registered with IOSH; and as such adhere to the Continuous Professional Development programme.

For more information on our SSIP Accreditation Assistance Service, please call us on **01623 753 654** for a no obligation chat, or visit our website by clicking on the following text -

[Health & Safety Accreditations](#)

EXISTING SSIP ASSISTANCE CLIENTS -

Please note, once Watson and Watson have assisted clients in achieving their SSIP certificate, it is then the clients responsibility to ensure that the portal remains up to date going forward (e.g. with company insurances if / as required.)

However, Watson and Watson can offer a SSIP Monitoring service to ensure that going forward Client portals remain up to date after the initial compliance achievement.

If you would like to discuss the Watson and Watson SSIP monitoring service more please call the office on **01623 753 654**.



WATSON & WATSON HEALTH & SAFETY CONSULTANTS LTD

POLITE NOTICE -

Short Notice Work Requirements

DO YOU REQUIRE US TO DO ANY ADDITIONAL WORK?

We would be happy to do this for you, however, our consultants are really busy, which is great, but this is a reminder that if you need any work carrying out, then please give us at least **two weeks notice**. This enables us to complete work for you in a timely manner.

Note: Additional Work being defined as work which we have not previously contracted to undertake on your engagement of our service.

Please feel free call us to clarify -

01623 753 654.

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